



HYPERHIDROSIS

Girls' sweating can be managed

When young girls complain of excess perspiration, moms too often dismiss their concerns by saying, "Hey, don't sweat it."

That's why the International Hyperhidrosis Society suggests that those moms and daughters use Mother's Day Sunday to take a more serious look at the problem together.

"Hundreds of thousands of teenage girls around the world suffer from hyperhidrosis (excessive sweating), but their emotional and physical suffering is not taken seriously by uninformed mothers," said Lisa J. Pieretti, the society's executive director.

"Far too many young girls ultimately suffer in silence, learning to live with a condition that could readily be managed if they — and their mothers — only knew how."

The society is a nonprofit organization that offers information along with expert and peer-based community

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A support. If your own daughter has mentioned concern, the society suggests having a 10-minute, 10-question discussion you can find at *www.sweathelp.org*.